


# November 2018 – Barrie Community Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
			1  <b>DROP IN 1:00-4:00</b>	2	 <p>Stop by our website! <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p>
5	6  <b>Communication Skills 1:30-3:00</b>	7	8  <b>DROP IN 1:00-4:00</b>	9	
12	13  <b>Communication Skills 1:30-3:00</b>	14	15  <b>DROP IN 1:00-4:00</b>	16	
19	20  <b>Communication Skills 1:30-3:00</b>	21	22  <b>DROP IN 1:00-4:00</b>	23	
26	27	28	29  <b>DROP IN 1:00-4:00</b>	30	



21 Essa Road, Unit #1, Barrie, ON L4N 3K4

**ALL TUESDAY WORKSHOPS REQUIRE PRE-REGISTRATION.**  
**Please Contact Rebecca At 705-734-2178 ext 222 or**  
**[rswift@braininjuryservices.ca](mailto:rswift@braininjuryservices.ca)**

### **Communication Skills**

Did you really say what I think I heard? Did I actually say what I wanted you to hear? Communication is like a two-way street. It can be an easy interaction on a deserted road without a lot of traffic or it can be a busy interstate during rush hour. This interactive workshop will provide information and strategies to assist you in participating in effective communication with others and to hopefully avoid miscommunications or mishaps.

### **Drop in**

We encourage you to come by for coffee, a chat with others, to play a game of cards, work on the computer or access our resource room. We look forward to seeing you.

Supported by / Avec le soutien de



**Ontario**

North Simcoe Muskoka Local  
Health Integration Network  
Réseau local d'intégration  
des services de santé de  
Simcoe Nord Muskoka