

# October 2018 – Barrie Community Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
1	2	3	4  <b>DROP IN</b> <b>1:00-4:00</b>	5	 <p>Stop by our website! <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p>
8  <b>Happy Thanksgiving!</b>  <b>BIS is Closed</b>	9 <b>Future Goal Setting</b>  <b>1:30-3:00</b> <i>registration required</i>	10	11  <b>DROP IN</b> <b>1:00-4:00</b>	12	
15	16 <b>Future Goal Setting</b>  <b>1:30-3:00</b> <i>registration required</i>	17	18  <b>DROP IN</b> <b>1:00-4:00</b>	19	
22	23 <b>Future Goal Setting</b>  <b>1:30-3:00</b> <i>registration required</i>	24	25  <b>DROP IN</b> <b>1:00-4:00</b>	26	
29	30	31  <b>Happy Halloween</b>			



21 Essa Road, Unit #1, Barrie, ON L4N 3K4

**ALL TUESDAY WORKSHOPS REQUIRE PRE-REGISTRATION. PLEASE CONTACT REBECCA TO REGISTER AT 705-734-2178 ext 222 or [rswift@braininjuryservices.ca](mailto:rswift@braininjuryservices.ca)**

**Future  
Goal Setting**

What is goal setting and why is it important ? Do you have long term plans in place for advanced care and living wills? Join us this month to explore goal setting for small and large goals.

**Drop In**

We encourage you to come by for coffee, a chat with others, to play a game of cards, work on the computer or access our resource materials.