

September 2018 – Muskoka Community Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
<p>3</p> <p>Labour day</p> <p>BIS office closed</p>	<p>4</p>	<p>5</p> <p>HUNTSVILLE</p> <p>Leisure Activities</p> <p>1:00 – 2:30 p.m.</p>	<p>6</p>	<p>7</p>	<div data-bbox="1501 370 1965 1073" data-label="Image"> </div> <p data-bbox="1528 1149 1940 1214" style="text-align: center;">Check out our website! www.braininjuryservices.ca</p> <p data-bbox="1612 1292 1856 1357" style="text-align: center;">Give us a call 1-877-320-1950</p> <p data-bbox="1604 1416 1864 1481" style="text-align: center;">Cynthia ext: 245 Trisha ext: 226</p>
<p>10</p>	<p>11</p> <p>BRACEBRIDGE</p> <p>Lunch & Learn</p> <p>12:00 – 2:30 p.m.</p>	<p>12</p>	<p>13</p>	<p>14</p>	
<p>17</p>	<p>18</p> <p>BRACEBRIDGE</p> <p>Mini Putt</p> <p>1:00 – 2:30 p.m.</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>GRAVENHURST</p> <p>Peer Support</p> <p>1:00 – 2:30 p.m.</p>	
<p>24</p>	<p>25</p> <p>BRACEBRIDGE</p> <p>Make and take</p> <p>1:00 – 2:30 p.m.</p>	<p>26</p>	<p>27</p>	<p>28</p>	

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- September 5 Join us in the community room at Your Independent Grocer (YIG) in **Huntsville**. We will meet and review the benefits of leisure activities as well as do some planning for our future events.
1:00 p.m. – 2:30 p.m.
- September 11 Lunch and Learn. Join us in the community room at YIG in **Bracebridge**. We will make a light lunch with an apple theme and then discuss the benefits of ‘Mindfulness’.
12:00 p.m. – 2:30 p.m.
- September 18 Mini Putt. Join us for a game of mini putt at 301 Ecclestone Drive in Bracebridge. The cost is 7.00 each. Please R.S.V.P. if you plan to attend this event.
1:00 p.m. – 2:30 p.m.
- September 21 Please join us at “The Friends” office, 141 Sharpe St. West in **Gravenhurst** for a peer social. Come share your community information and helpful tips on living with a brain injury.
1:00 to 2:30 PM
- September 25 Make and take. Join us in the community room at YIG in **Bracebridge**. We will be making a fall wreath with a pool noodle and burlap. Come out and see how we do it. All supplies will be provided. . Please R.S.V.P. so that we are able to have all materials needed for this event.
1:00 p.m. to 2:30 p.m.