














September 2018 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
						01
02 Last Quarter Moon	03 	04 5 Crowns  Horseshoes	05	06 Jok-R-Uummy 	07 Burl's Creek Automotive Flea Market 6th-9th	08
09 New Moon	10	11 Waterfront Walk  Arts & Crafts	12	13 Chromino/Work On Goals 	14	15 Downtown Orillia Farm To Table 5:30pm to 9:30pm
16 First Quarter Moon	17	18 MINDfull Diners' Club  Brain Power/Program Planning	19	20 Program Planning  Red Caboose Mini Golf & Lunch	21	22 Autumn Equinox 
23/30	24 Full/Corn Moon 	25 Quiddler  Shuffleboard	26	27 Tri-Varsity 	28	29 Door Open & Culture Days

Orillia Adult Day Services for September 2018

- Sept 04** We are starting our day with **5 Crowns**. After lunch, we will get up and active in a game of team **Horseshoes**.
- Sept 06** **Jok-R-Uummy** game takes us through to lunchtime. All aboard for our **Orillia Boat Cruise!** The cruise departs at 2:15pm for a one and a half hour tour. Friends and family welcome. Please arrange your pick-up ride location and time to be from the dock/port when the cruise ends at approximately 3:45pm. Details to follow regarding your cost to participate.
- Sept 11** We will begin today with a **Waterfront Walk**. After lunch, we will get creative with an **Arts & Crafts** workshop.
- Sept 13** **Chromino** and an opportunity to **Work On Goals** are on the agenda this morning. After lunch, we're going by taxi to **Orillia Bowl** located at 285 Memorial Drive for one hour of **5 Pin Bowling (your cost is \$10 for shoe rental and bowling)**. Bowling begins at 1:30pm.
- Sept 18** We decided on personal pizzas with Caesar salad for our **MINDfull Diners' Club** today. All that good nutrition should help fire up our neurons for some **Brain Power** activities and **Program Planning** (for November & December)
- Sept 20** This morning we will finish **Program Planning** for November & December. At 11:00 am, we will arrive at **Red Caboose Mini Golf**. Your cost for a menu item lunch (hamburger, or sausage or veggie burger or french fries) including a beverage, ice cream and one round of Mini Golf will be \$13.00. **Please bring money to cover your lunch, golfing fee, and any additional items you may wish to purchase from the food truck.**
- Sept 25** The word card game **Quiddler** begins our day. After lunch, we will play team **Shuffleboard**.
- Sept 27** This morning, we will play the word card game **Tri-Varsity**. We will have some fun drawing pictures in the game **Pictionary** this afternoon.

****Please contact Lyn to confirm schedule****

Morning activities start at 10:00am with VON SMART exercises and afternoon activities start at 1:00pm

Lunch is from 12:00 to 1:00 pm. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services

9 Front Street, Orillia (Orillia Youth Centre)

Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178

Lyn Pope ext 242



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Check out our Website! www.braininjuryservices.ca

Come out and join us for some fun social, recreational, skill-building activities!