



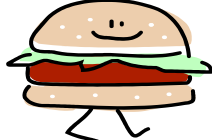




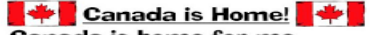


July 2018 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
01 Happy Canada Day 	02	03 Your Choice  Games For The Brain	04	05 Canada Themed  Guided Meditation	06	07 Mariposa Folk Festival 6 th to 8 th
08	09	10 Jok-R-Ummy  Pool Tournament	11	12 Red Caboose Mini Golf  Your Choice	13	14
15	16	17 Going For Burgers and Games At The Waterfront 	18	19 B-I-N-G-O 	20 Orillia Scottish Festival	21 Orillia Scottish Festival
22 Orillia Scottish Festival	23	24 Program Planning Leather Crafts  Phase 10 In A Can	25	26 Program Planning Games At The Waterfront 	27 Full Moon/ Berry Moon	28 Orillia Summer Block Party
29	30	31 Crokinole 		<div style="border: 1px solid black; padding: 5px; text-align: center;">  Canada is Home! Canada is home for me, From sea to shining sea and sea! 10 provinces, 3 territories, too, It's the home of me and you! </div>	July's birth flower is Larkspur	July's birth stone is Ruby

Orillia Adult Day Services for July 2018

- July 03** July kicks off for us with **Your Choice** of activity. After lunch, we will have fun with **Games For The Brain** on the big screen TV.
- July 05** Let the games begin! Challenge yourself with Canada Day themed **Minute To Win It** activities this morning! The afternoon will be calming when we sit back and relax with **Guided Meditations** played from YouTube.
- July 10** One of our newest games **Jok-R-Uummy** will be played this morning. We will get moving after lunch with a **Pool Tournament**.
- July 12** At 11:00 am, we will arrive at **Red Caboose Mini Golf**. Your cost for a menu item lunch (hamburger, or sausage or veggie burger or french fries) including a beverage, ice cream and one round of Mini Golf will be \$13.00. **Please bring money to cover your lunch, golfing fee, and any additional items you may wish to purchase from the food truck.**
- July 17** We are **Going For Burgers and Games At The Waterfront** today (weather permitting). **Please bring money to purchase your own lunch** or bring a lunch with you.
- July 19** May this be a lucky morning for you because we are playing **Bingo** for prizes! After lunch, we're going by taxi to **Orillia Bowl** located at 285 Memorial Drive for one hour of **5 Pin Bowling (your cost is \$10 for shoe rental and bowling)**. Bowling begins at 1:30pm.
- July 24** **Program Planning** for September and October begins our day. **Leather Crafts** from Tandy Leather will be created today. We have an assortment of items to choose from such as key fobs and bookmarks. **Phase 10 In A Can** game is scheduled after lunch.
- July 26** **Program Planning** for September and October will be completed, and then we are heading to the waterfront (weather permitting) to play some games. After lunch, the card game **Wizard** is on our agenda to play.
- July 31** The classic Canadian game **Crokinole** begins our day. After lunch, we will take a taxi to watch a matinee movie at **Orillia Cineplex (your cost, details of the movie, and transportation to be determined)**.

****Please contact Lyn or Jenn to confirm schedule****

Morning activities start at 10:00am with VON SMART exercises and afternoon activities start at 1:00pm

Lunch is from 12:00 to 1:00pm. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Jenn Steeds ext 236



Check out our Website! www.braininjuryservices.ca

Come out and join us for some fun social, recreational, skill-building activities!