

## June 2018 – Muskoka Community Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
4	<b>5</b> <b>BRACEBRIDGE</b>  <b>Lunch &amp; Learn</b>  <b>12–2:30 p.m.</b>	<b>6</b> <b>HUNTSVILLE</b>  <b>Anxiety</b>  <b>1 – 2:30 p.m.</b>	7	8	 <p style="text-align: center;"><b>HAPPY JUNE!</b></p> <p style="text-align: center;">Check out our website!  <a href="http://www.braininjuryservices.ca">www.braininjuryservices.ca</a></p> <p style="text-align: center;">Give us a call            1-877-320-1950</p> <p style="text-align: center;">Cynthia ext: 245            Trisha ext: 226</p>
11	12	13	14	15	
18	<b>19</b> <b>BRACEBRIDGE</b>  <b>Make &amp; Take</b>  <b>1 – 2:30 p.m.</b>	20	21	<b>22</b> <b>GRAVENHURST</b>  <b>Peer Support</b>  <b>1 – 2:30 p.m.</b>	
25	26	27	28	29	

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- June 5                      Lunch and Learn. Join us in the Community Room at Your Independent Grocer (YIG) in **Bracebridge**. We will be making a light lunch and then we will review the benefits of leisure activities.  
12:00 p.m. – 2:30 p.m.
- June 6                      Join us in the Community Room at YIG in **Huntsville**. We will meet for a peer social and to discuss some tips to help you cope with anxiety.  
1:00 p.m. – 2:30 p.m.
- June 19                     Make & Take. Join us at YIG in **Bracebridge** where we will make a rustic sign.  
1:00 p.m. – 2:30 p.m.
- June 22                     Join us at “The Friends” office, 141 Sharpe St. West in **Gravenhurst** for a peer social. Come share your community information and helpful tips on living with a brain injury.  
1:00 to 2:30 PM