







February 2018 - Orillia Adult Day Services

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
		<p>February's birth flower is Violet</p> <p>February's birth stone is Amethyst</p>		<p>01 Pictionary</p>  <p>Pool Tournament</p>	<p>02 Ground Hog Day</p> 	03
04	05	<p>06 Scrabble</p> 	<p>07 Last Quarter Moon</p>	<p>08 Wizard / Work On Goals</p>  <p>Shuffleboard</p>	09	10
11	12	<p>13 MINDfull Diners' Club</p>  <p>Wordspiel / Tri-Varsity</p>	<p>14 Happy Valentine's Day</p> 	<p>15 New Moon B-I-N-G-O</p> 	16	Chinese New Year
18	<p>19</p> 	<p>20 5 Crowns</p>  <p>Magnetic Darts</p>	21	<p>22 Swiss Chalet Lunch Outing</p>  <p>Phase 10</p>	23	24
25	26	<p>27 Crokinole & 10,000 Dice</p>  <p>Horseshoes</p>	28	<p>29 Brain Health</p>  <p>Chromino and Mexican Train</p>	30	

Orillia Adult Day Services for February 2018

- Feb 01** **Pictionary**, the charades-inspired game of drawing begins our morning. A **Pool Tournament** after lunch helps us to work on motor skills, visual spatial relations and patience, so chalk up your favourite cue, *there's always a shot, you just have to find it!*
- Feb 06** A morning game of **Scrabble** fires up our neurons. After lunch, we have **Card Making** on the schedule. Choose to make Valentine's Day cards or any type of card of your choice. If card making is not for you, we can play cards too!
- Feb 08** In the morning we'll play **Wizard** and have an opportunity to **Work On Goals**. Let's get moving after lunch by playing team **Shuffleboard**.
- Feb 13** **MINDfull Diners' Club** today. The menu you chose back in November for today is a "hearty soup" with buns. After eating, we will get into some word games – **Wordspiel and Tri-Varsity**.
- Feb 15** Good luck to all **Bingo** players this morning. We will head out to 5-pin bowling at Orillia Bowl. Orillia Bowl is located at 285 Memorial Drive (**Bring \$10 for your shoe rental and bowling fee**). Our one hour of bowling begins at 1:30pm.
- Feb 20** **5 Crowns** card game will most likely take us through to lunchtime and **Magnetic Darts** in the afternoon completes our day.
- Feb 22** Lunch today is offsite at **Swiss Chalet** located at 390 Memorial Avenue (**please bring money to purchase your own meal**), we will take taxis to and from the restaurant. **Phase 10** card game begins when we return from lunch.
- Feb 27** On this morning we will play a few games of team **Crokinole** followed by **10,000 Dice** before lunch. After lunch, we are up and moving with a game of team **Horseshoes**.
- Feb 29** It important to keep your brain active throughout your whole life and it can be fun too! A variety of **Brain Health** activities will be offered this morning including some rebus puzzles. After lunch, we will play two domino games-- **Chromino** and **Mexican Train**.

****Please contact Lyn or Jenn to confirm schedule****

Morning activities begin at 10:00am with VON SMART exercises and afternoon activities begin at 1:00pm

Lunch is from 12:00 to 1:00 pm. Some activities are weather permitting and/or may require a fee

Brain Injury Services – Orillia Adult Day Services
9 Front Street, Orillia (Orillia Youth Centre)
Tuesdays and Thursdays 9:00am - 4:00pm

Barrie Office 705-734-2178
Lyn Pope ext 242 / Jenn Steeds ext 236



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Check out our Website! www.braininjuryervices.ca

Come out and join us for some fun social, recreational, skill-building activities!