


November 2017 – Barrie Community Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	REMINDERS
		1	2 DROP IN 1:00-4:00	3	 <p>Stop by our website! www.braininjuryservices.ca</p>
6	7 Looking Back, Moving Forward 1:30-3:00	8	9 DROP IN 1:00-4:00	10	
13	14 Looking Back, Moving Forward 1:30-3:00	15	16 DROP IN 1:00-4:00	17	
20	21 Looking Back, Moving Forward 1:30-3:00	22	23 DROP IN 1:00-4:00	24	
27	28	29	30 DROP IN 1:00-4:00		



21 Essa Road, Unit #1, Barrie, ON L4N 3K4

ALL TUESDAY WORKSHOPS REQUIRE PRE-REGISTRATION.
Please Contact Rebecca AT 705-734-2178 ext 222 or
rswift@braininjuryservices.ca

Looking Back, Moving Forward

This educational will look at some of the changes, challenges and choices made since injury and then Investigate strategies used in moving forward. This educational will follow A Personal Futures Planning format designed for individuals with a Brain Injury with a focus on setting manageable goals moving forward.

Drop in

We encourage you to come by for coffee, a chat with others, to play a game of cards, work on the computer or access our resource room. We look forward to seeing you.